

Finding Your Way — 2011 Events

At Johnston Health, we want to care for you throughout your life. As part of that care, we offer support through some of life's most difficult challenges—the illness or death of someone special.

Finding Your Way is a series of events and programs for people who are preparing for or have experienced the illness or death of a loved one. Whether your loss was recent or 2 to 3 years ago, our programs will help wherever you are in your life.

Finding Your Way events are provided at no cost to participants.

Caring for Aging Parents

Monday, February 28, 6 p.m.
Location: SECU Hospice House of Johnston Health, Chapel

Learn from a panel of experts about ways to support your aging parents. The panel consists of a physician, attorney, social worker, chaplain, and a person who has cared for an aging parent.

A light meal will be served.
Registration is required.

Downsized Dining

Wednesdays, April 6 to May 11
11 a.m. till 1 p.m.
Location: SECU Hospice House of Johnston Health, Kitchen

Come and learn about ways to cook healthy, well-balanced meals as you adjust to cooking for one or learn to cook for the first time.

Lunch will be served at each meeting.
Registration required prior to March 30.

Memorial Quilt Dedication Service

Spring, 2011
Please call for date and time.
Location: Johnston Medical Mall North Entrance

Attend this service and experience breathtaking beauty as the memorial quilt is unveiled. The quilt was created from fabric brought to the 2010 Community Memorial Service.

Refreshments will be served.
No registration is required.

Coping with Life Stressors

Monday, September 19, 6 p.m.
Location: SECU Hospice House of Johnston Health, Chapel

Learn how to manage life stresses associated with the death of someone special.

A light meal will be served.
Registration is required.

Community Memorial Service

Sunday, November 6, 3 p.m.
Location: Johnston Medical Mall Auditorium

Come for a time of sweet remembering and encouragement.

Refreshments will be served.
No registration is required.

For more information or to register for an event, please contact Johnston Health Spiritual Care Services at 919-209-3655.