

Swim Lessons at HealthQuest

Group Lessons

5 lessons, 45 minutes each
(Members \$50.00, Non-members \$60.00)
Preschool (4-6 yrs), Youth (7 yrs & up)

March 1 – March 29

Instructor: Lori
Parent/Tot: Mon 5:00-5:30pm
Preschool Level 1: Mon 5:30-6:15pm
Youth Level 1: Mon 6:15-7:00pm

March 2 – March 30

Instructor: Lori
Preschool Level 2: Tues 5:00-5:45pm
Preschool Level 3: Tues 5:45-6:30pm
Youth Level 2: Tues 6:30-7:15pm

March 3 – March 31

Instructor: Lori
Youth Level 3: Wed 6:00-6:45pm

Private Lessons

Five lessons – 30 minutes each
(Members \$75.00, Non-members \$85.00)
Can be scheduled by appointment with the instructor.

For more information, please call 919-938-7581.